

# A Snapshot: Teen Volunteering

How to find the right volunteer opportunity for you

# In this presentation, you will discover...

- What is a nonprofit?
- How does Sonoma County measure up?
- How will volunteering serve you?
- What kinds of opportunities are out there?
- How do you find the right opportunity?
- What's expected of you as the volunteer?
- Wrap Up

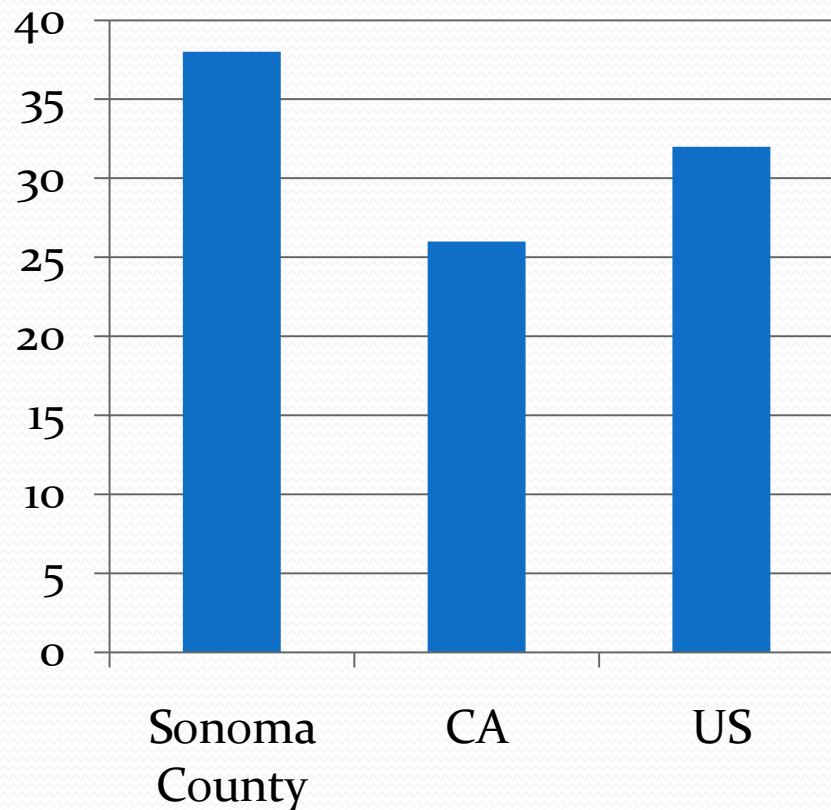
## What is a Nonprofit?

A nonprofit is an organization that serves the community by providing much needed services for people, animals or the environment. *Their Focus is not on making a profit.*



## How Does Sonoma County Measure Up?

The Santa Rosa area has the highest amount of volunteering in California with 38% of its residents volunteering. There are over 800 nonprofits in Sonoma County which provides a variety of volunteer opportunities.



Percentage of Volunteerism by Area

# How will Volunteering Serve You?

- **Gain Experience**
- **Resume Building**
- **Gain New Skills**
- **Try It On**
- **Meet People**
- **Potential Job**
- **Job Hunting 101**
- **Thinking of College?**
- **Feel Great About Making A Difference!**

# What Kinds of Opportunities Are There?

- WORKING WITH KIDS
- THEATER
- OFFICE SUPPORT
- OUTDOORS
- WORKING WITH ANIMALS
- HOSPITAL CARE
- THRIFT STORES
- FRIENDLY VISITOR/
- ENTERTAINER
- LIBRARY HELP
- KITCHEN HELP
- COMPUTER INSTRUCTOR/MEDIA
- SPECIAL EVENTS

# How Do You Find the Right Opportunity?

- Search Online at [www.volunteernow.org](http://www.volunteernow.org)
- Review opportunities on [www.volunteermatch.org](http://www.volunteermatch.org)
- Stop by a local agency in your community
- Call the Volunteer Center at 573-3399 x125

# Exercise

Get Up, Stand Up!



# Next Steps in Researching Opportunities

- Make a list of agencies you are considering
- Include the agency name, contact person, phone number, email and job description
- When contacting, have paper and pencil to take notes
- Call to see if opportunity exists and be open to other opportunities that you can consider
- Ask for specifics: when the job starts, what it entails, and who will supervise you.

# What's Expected of You...

- Be sure to have directions and transportation set up
- Be on time, if not early
- Dress appropriately, whether in the office or outdoors
- Introduce yourself and ask where you sign in
- Ask for your supervisor, and shake their hand
- Ask for instructions, if you do not fully understand, ask questions
- Make a good first impression, it can lead to a job!
- Notice your takeaways, what you're learning can be a skill to put on your resume or college application

They don't expect perfection, they just expect professionalism

# Wrap Up

- Journal and keep records! Evaluate at the end what worked well, what could have worked better, and what you learned
- If you need additional support, don't hesitate to contact the Volunteer Center:

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